

# Lara's Marathon!

Friends of the Family, was privileged to have one of its volunteers, Lara Masters, take part in the Brighton Marathon on Sunday 6th April. She completed the 26 miles, her first ever marathon, in just 4 hours 11 minutes!

Lara has been with Friends of the Family for nearly 5 years as a Volunteer Befriender with the 5s to 13s Project. She raised a total £585 through sponsorship for the race and by having "Cake Bake" sales for her colleagues at Hampshire County Council.

Lara said "Friends of the Family's work in the community is invaluable providing non-judgemental support to families and their children living in the Winchester area and I hope to raise as much money as possible to help them continue their good work."

5s to 13s Project Leader Samantha Hunt said "We are all so proud of Lara's achievements, she is a very dedicated volunteer and we are very grateful to her for completing this fundraising event for Friends of the Family. We could not undertake our work with vulnerable children and their families without committed volunteers like her."

If you would like to make a donation then you can still do so at [www.Justgiving.com/Lara-Masters](http://www.Justgiving.com/Lara-Masters)



**Lara after the marathon on Brighton Beach**